

Leadership Institute

MARYVALE

LEARN. LEAD. SUCCEED.

Educating Young Women for Life





The Leadership Institute @ Maryvale

For more than **70 years**, Maryvale has molded **dedicated learners** into **dynamic leaders**. Our accomplished alumnae sit at the helm of companies, head nonprofits, direct boards and oversee schools. That's because they developed the skills and the confidence to lead at a young age during their formative years at Maryvale.

In 2014, at the urging of the President's Advisory Council, Maryvale took its longstanding leadership initiatives to a new level, launching the Leadership Institute. The bold move made Maryvale the first all girls' school in the region to offer such an impressive lineup of leadership offerings through its one-of-a-kind signature program.

The Institute provides all girls with the **academic training, real-life experience and immense opportunity to develop exemplary leadership skills** that will catapult them ahead in college, career and life.

Under the umbrella of the Leadership Institute, every student receives a variety of leadership training during each academic year. Whether it is through a Middle School course, Upper School elective, regular lessons in Advisory, guest speakers, field trips to local companies and all-school assemblies, the Institute offers leadership skill development at every phase of a Maryvale student's journey.

These lessons come alive as each girl has the opportunity to flex her leadership muscle through dozens of curricular and co-curricular offerings. Whether it is delivering an impactful eighth grade speech, running in a close Student Council race or serving on the Social Justice Coalition (SoJuCo), there are **more than 100 opportunities for each student to learn, lead and**

succeed in the classroom, on the field, in the theater or in the community.

This testing ground is not limited to Maryvale's 100-plus-acre campus. Through the Leadership Institute, students have the opportunity to participate in internships as well as summer programs at companies, universities and nonprofits throughout Greater Baltimore and throughout the country.

Maryvale's Leadership Institute does not stop working for students when they graduate. Another goal of this signature program is to continually **connect young alumnae** with their Maryvale sisters in the highest ranks of companies, nonprofits and schools to encourage **networking, mentorship and career advancement**.





The Program

Customized Curriculum: Our customized curriculum – developed by women leaders with decades of experience in business, education and law – is infused into every class and Advisory from grades six through 12. Whether Middle Schoolers are embarking on a collaborative writing assignment or Upper Schoolers are preparing for a Robotics competition, leadership lessons are deliberately offered at every turn.

Leadership and Technology Prep: This semester-long course is designed to empower Maryvale ninth grade students to be prepared for the challenges of Upper School. Students have an early opportunity to develop their organizational, communication, research and goal-setting skills in a small group setting.

Leadership – On A Mission to Lead: Drawing from the university model that uses outside speakers to enhance classroom presentation, this elective for 11th and 12th graders combines self-evaluation tools, reading, research and engagement with community

leaders to foster individual leadership and self-confidence in each student. Guest speakers, field trips to leaders' places of employment, project management, career coaching and interviewing, business etiquette, electronic footprints and other practical applications are explored.

Middle School Leadership Course: An integral part of the Middle School program, this quarter-year leadership course allows all students to begin developing skills that will serve them for a life-time. Goal-setting, team building, public speaking and written communication skills, as well as an introduction to financial literacy, are just a few of the topics covered.

Maryvale Student Leadership Opportunities: Whether it is serving on the Student Council, captaining a Maryvale athletic team, coordinating a Social Justice Coalition (SoJuCo) activity, working on an ACE (Architecture, Construction and Engineering) project, writing for the school newspaper, taking part in Model U.N. or in other school clubs, Maryvale students are challenged to lead, direct and shine.

Speakers

Throughout the year, schoolwide assemblies and class presentations showcasing alumnae, business and community leaders allow Maryvale students to hear firsthand how role models developed their own leadership styles, forged their educational and career paths as well as addressed organizational challenges.

Recent guest speakers have included:

Vicki Brick, CEO, Brick Bodies

Haley Scott DeMaria, Author, Motivational Speaker; University of Notre Dame alumna

Brenda Frese, Head Women's Basketball Coach, University of Maryland

Heather Harvison '89, Founder and Executive Director, Sisters Circle

Adrienne Haslet-Davis, Boston Marathon Bombing Survivor; International Ballroom Dancer

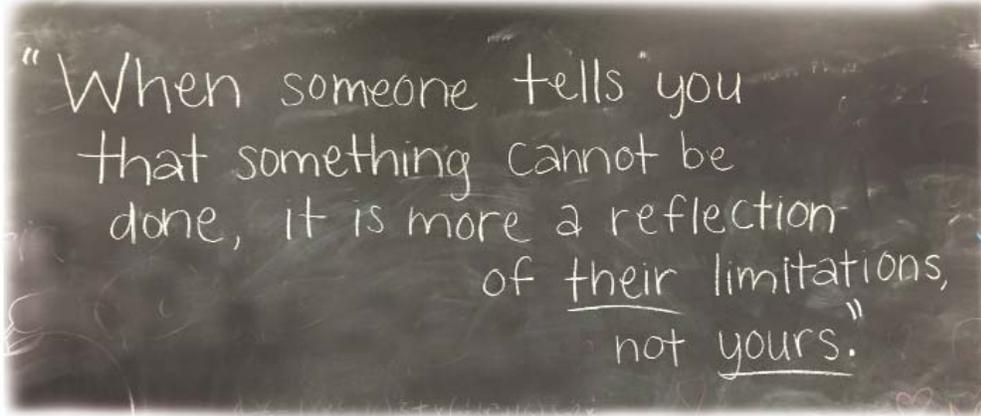
Annette March-Grier, Founder and President, Roberta's House; Top Ten CNN Hero

Nicole McFadyen, Head Groundskeeper, Baltimore Orioles

Kerry Cavanaugh Rice '96, Award-Winning News Reporter, WBAL-TV 11

Laura Scott, Senior Director, Global Supply Chain, McCormick & Co.

Alexandra von Paris, Founder and Owner, Route One Apparel



Adrienne Haslet-Davis
Boston Marathon Bombing Survivor
and International Ballroom Dancer



Mary Ellen Rector Fise '74
Director of the Leadership Institute

Educational Background: M.A., Church Ministry and Congregational Leadership, Ecumenical Institute of Theology, St. Mary's Seminary and University; J.D., University of Baltimore School of Law; B.S., Consumer Economics, University of Maryland

Professional Background:

- Associate for Parish Research, Center for Applied Research in the Apostolate, Georgetown University
- Associate Director of Research and Planning, Archdiocese of Baltimore
- General Counsel, Consumer Federation of America
- Faculty, University of Maryland and Boston University
- Author, *The Childwise Catalog* (HarperCollins, 1993, 1990, 1986)

Boards of Directors: Underwriters Laboratories, National Institute of Building Sciences, American National Standards Institute, International Consumer Product Health & Safety Organization, Lowe's Home Safety Council, St. Mary's Ecumenical Institute and Maryvale Preparatory School

The Director's Note: *"My goal as the Director of the Leadership Institute is to empower our young women by providing the tools and experiences that allow them to be the leaders the world was meant to see. Developing one's leadership muscle takes practice and perseverance, and at Maryvale, we take that workout seriously."*

* Mary Ellen Rector Fise '74 recently attended the Gardner Carney Leadership Institute's Leadership Lab 2017, a professional development program on the pedagogy of leadership.

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